

## CAUSES AND FACTORS OF NEGATIVE CHANGES IN THE BEHAVIOR OF PRESCHOOLERS

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**Annotation.** It is important to identify the causes and factors of negative changes in the behavior of preschoolers, improve the methods of diagnosis and correction, and achieve high results through modern approaches.

**Key word:** preschool education, upbringing, educational technology, pedagogical diagnostics, pedagogical correction, socialization, social institutions.

The development prospects of all countries of the world directly depend on the moral education of the physical and mental health of the younger generation, and in this process, the development of new approaches to solving problems related to children's ethics, moral maturity, socialization and lifestyle becomes one of the urgent tasks.

We know that the personality of a preschooler is formed under the influence of the surrounding reality. As a result, he begins to understand socially significant tasks and enters into independent relations with other members of society, and thus the child is socialized. At the same time, the personality of the child is formed as a result of the assimilation of elements of social experience. That is, this process is carried out by children by repeating and imitating the behavior of adults, assimilation. It is known that the family is the first center of socialization for the baby. It is in this center that the child begins to interact with the social environment, learns social norms and values of society. On their basis, the behavior of the child is formed. This or that aspect of the relationship between parents, that is, peace or discord in the family, the nature of relations between brothers and sisters, is among the factors that determine the behavior of the child.

In general, changes in the behavior of children do not occur as a result of subjective behavior specific to a person, but as a result of the action of subjective and objective factors, conditions and relationships. The reason for negative changes in children's behavior is due to several factors. In our opinion, these are:

**1. Unhealthy family environment.** The health of the family environment is the first factor in shaping a child's behavior. We know that the family environment: parents and their relationship with the child, peace in the family, mutual trust and respect of adults are important in shaping the behavior of the child. On the contrary, discord in the family, conflicts, inappropriate behavior of parents and adults will negatively affect the behavior of the child. Fear and crying are observed in young children who are brought up in families with constant quarrels and conflicts. In the future, some of these children show indifference, neglect, lack of independent thinking, and some

constantly consider themselves useless for others, shyness, inability to adapt, and a decrease in sociability.

**2. Parents' lack of knowledge about child psychology and physiology, pedagogy.** Unfortunately, some parents, especially young parents, lack knowledge about the physiology, psychology and upbringing of children. Therefore, they cannot understand the reason for the negative changes in the behavior of their children. For example, a child's moodiness or stubbornness may be due to the fact that he has some kind of disease or problem in physical development. In some cases, children suffering from chronic diseases also cause them to be moody and stubborn. Often such children are beaten by adults in the family. As a result, they develop some selfishness. In turn, the unhealthy physiological state of the child negatively affects his psyche, including intuition, perception, memory, attention, and thinking. Therefore, parents should be extremely attentive to their children.

**3. The child's daily routine is not built properly.** Improper organization of the child's daily routine causes negative changes in his behavior. Because in the daily routine of the child there will definitely be activities such as rest, eating, self-service, attending classes, playing sports, games. As you know, children brought up in preschool educational institutions are subject to the daily routine. However, parents of children raised in families pay little attention to this issue. Especially in later years, due to such a negative situation, many children forget what a valuable asset is time.

**4. Unplanned birth of a child in the family.** It is necessary to plan the birth of a child in every family striving to be at a high level in terms of culture and spirituality of the present time. It goes without saying that this situation causes a number of problems in the family. That is, as a result of pregnancy without a full recovery of the mother's body, the mother develops various diseases, anemia, nervous diseases and other forms of health deterioration. In turn, such diseases and pathological conditions adversely affect the development of the fetus. That is, the born child also has a number of diseases. Due to diseases in children, capriciousness, tearfulness, and stubbornness increase.

**5. It is difficult for a child to adapt in any team.** During a child's life, the adaptive process goes through several times. In this process of habituation, children have various problems. In other words, the child has fussiness, capriciousness, rudeness, and so on. These children will have very few friends, if any. Their character manifests such negative traits as constant dissatisfaction with something, self-satisfaction, indecision.

**6. The negative influence of the media.** The mass media today are the most powerful tool influencing the psyche and upbringing of children. In this regard, television and mobile communications have taken the lead.

So, the negative impact of the media can be identified in the following aspects.

1. The use of very bright colors to attract the attention of children. All modern cartoons made today are made in very bright colors. The colors are so bright that they are far from reality and colorful. This negatively affects the child's psyche. That is, later the child wants to see all things in reality in such bright colors, as time passes, dissatisfaction with himself and others, aggressiveness is observed.
2. Various loud and noisy sounds. Today's cartoons are made with loud, shrill sounds and noisy voices. These voices and sounds, although they attract the attention of children, do not have a negative effect on their psyche, that is, they cause children to cry and imitate. Especially in young children causes a feeling of fear. Many children are afraid to be alone and cry.

3. The plot and content are not suitable for children's age and mentality. Today, most cartoons have a very intricate plot and are completely unsuitable for children. At the same time, events in them occur quickly and intensively. As a result, children cannot understand the relationship between events, confusion arises in their imagination.

**7. Wrong approach to raising children.** According to observations, in most families the approach to raising children is wrong. That is, in this you can see two different approaches of parents to raising a child, which are completely incompatible.

1. Raising a child with pampering and pampering on the part of parents and adults.
2. Excessive severity in relation to the child.

In general, due to the above reasons and factors, many problems arise in the behavior of children. This, in turn, imposes a number of tasks on members of society, in particular, teachers and psychologists, parents. Especially in this regard, it is desirable to further increase the effectiveness of preventive measures carried out with the family, to strengthen the information of parents about child psychology, physiology and pedagogy.

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