

Acmeological Development of a Teacher as the Basis of the Professional Education

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Abstract. *The article deals with the acmeological development of a teacher as the basis of the professional education. Ways and means of achieving the heights of a teacher's professionalism are studied by pedagogical acmeology. From the point of view of pedagogy, acmeology studies the development of a person at the stage of adulthood, while the organization of tutor support for these processes is of paramount importance.*

Key words: *acmeology, acmeological foundations, professional tasks, professional development, innovative technologies, modern conditions, competent specialist, personal and professional development, self-development.*

In modern conditions, specialists motivated for continuous professional improvement and self-development are becoming the main resource for socio-economic transformations and the introduction of innovative technologies in various industries and spheres of society. A developing teacher-researcher must be able to determine and implement the priorities of his own activity, ways to improve it on the basis of self-assessment, mobile and creatively solve professional problems. A competent specialist sees and uses the opportunities open to him, perceives the signals of society in a timely manner, analyzes and transforms them into personally significant meanings. The need for constant self-improvement based on the meanings of professional and pedagogical activity is determined by the increasing requirements for the level of professionalism of the teacher and his personal qualities. The study of the problems of acmeology of higher education is relevant, requiring the identification and justification of the theoretical apparatus, the improvement of the professional competence of specialists in the field of education.

Acmeology is one of the fundamental academic disciplines in the system of higher pedagogical education. Full assimilation and deep understanding of the content of the acmeology course is a necessary condition for improving a specialist in the field of education, achieving peaks in the processes of personal and professional development and self-development. The main goal of studying the discipline "Acmeological Foundations of Higher Professional Education" is to form a system of knowledge about acmeological patterns, mechanisms, conditions and factors, ways to achieve peaks in development and self-development. A specialist in the field of higher education must be proficient in the methods of acmeological support for participants in the educational process.

The acmeological development of a teacher involves a systematic and continuous professional development of him as a specialist and personality at the level of self-awareness and the implementation in practice of those attitudes and requirements of modern education that apply to the professional competence of a teacher.

Acmeology - (ακμή, akme - peak, other Greek λόγος, logos - teaching) - a philosophical section of developmental psychology that explores patterns and mechanisms that provide the ability to achieve the highest level (acme) of individual development.

"Acme" is achieved as an interaction of subjective and objective conditions and circumstances: - subjective factors - a person's physical and mental health, talent and abilities; - objective factors - the quality of education, the conditions of training and education. Acmeology studies the forms, methods, strategies and technologies for the development of top-class professionals in various fields of human activity. The achievement of "acme" depends on the field of professional activity.

Acmeology studies the mental functions of a person, explores the conditions, incentives and factors, as well as the patterns of self-realization of the creative potential of mature professionals on the way to the heights of professionalism throughout the life of a person and, in particular, his professional activity.

Acmeology studies various aspects of achieving the heights of a specialist's professionalism: - contradictions between the growing amount of information and the time required to master it; - common and different features that people manifest in the course of their activities; - factors that determine the qualitative and quantitative characteristics of "acme"; - the possibilities of moral upbringing of a professional as the transformation of universal values into his own values; - the relationship between the characteristics of a person's professionalism and his behavior outside the sphere of professional activity.

The relevance of acmeology is determined by the need for a continuous process of development and self-development of a specialist as a person and a professional throughout the professional activity. This contributes to the maximum use of the creative potential of a person, the realization of his abilities. At the same time, acmeology, developing its own original solutions, ensures its further development and wide recognition as an attractive theory and practice, which is subordinated to the vital interests of society and each of its members.

Thus, the object of acmeology is a dynamically developing mature personality, which is progressively realized in professional activities and reaches the heights in its development. The subject of acmeology are: - objective factors (the quality of the education and upbringing received); - subjective factors (potential abilities and talent) that contribute to the achievement of the heights of professionalism; - general and particular patterns in the process of training specialists.

The subject of acmeology in a broad sense is the laws, mechanisms and processes of the progressive development of a person as an individual, individuality, subject of labor and personality in life, profession, communication, which lead to self-realization and high personal and professional achievements. These are also factors and conditions for the development and self-development of a mature personality.

Doctor of Psychology Nikolai Rybnikov introduced the concept of "acmeology" in 1928. His idea was supported by a psychologist and doctor of pedagogical sciences Boris Ananiev, he registered the term and introduced it into the system of human sciences.

The pedagogical process is a specially organized, developing in time and within a certain pedagogical system (school, vocational school, technical school, university, etc.) purposeful interaction of teachers and pupils, aimed at realizing the goals of education and upbringing. Pedagogical acmeology is the science of ways to achieve professionalism in the work of a teacher.

The purpose of acmeology is the development of scientific and methodological foundations for increasing the efficiency of professional training of specialists, the search for methods for developing their creative potential, ways to form readiness to solve increasingly complex problems in a renewing society.

The theoretical provisions of the acmeology of higher education, presented in the teaching aid, are based on the leading psychological and pedagogical theories and patterns. The founder of the study of man as a holistic phenomenon is V.M. Bekhterev, who put forward this idea and began to implement it. Later S.L. Rubinstein noted that a person should be considered as the totality of all internal conditions. Consistently developed the idea of human knowledge B.G. Ananiev, who in practice proved the correctness and prospects of studying a person as a holistic phenomenon, singled out such important interrelated concepts as the individual, the subject of activity, personality and individuality.

The development of the main provisions of modern acmeology is reflected in the works of such scientists in the field of psychological and pedagogical sciences as A.A. Bodalev, A.A. Derkach, E.A. Klimov, N.V. Kuzmina and others. In the applied practice-oriented part of the teaching aid, the features of the personal and professional self-development of the teacher in the conditions of the modern integrative educational environment are considered. The materials contained in the manual will allow mastering the methodology for designing individual professional development trajectories of a specialist in the field of education, which is a necessary condition for achieving the heights of professional excellence. Thus, the result of studying the course "Acmeological Foundations of Higher Professional Education" is the opportunity to take a fresh approach to the problem of teaching a modern specialist based on the theory and methodology of acmeology. This will contribute to the design and implementation of innovative processes in modern higher pedagogical education.

As a conclusion, we can say that pedagogical aspect of acmeology makes it possible to design professional development trajectories for the development of teachers as individuals and as professionals. In this context, the acmeologization of professional activity can be understood as the creation by a teacher of a projection into the future in order to achieve goals and choose those values that will be the basis for achieving the heights of professional self-actualization, personal and professional activity.

Thus, the acmeological approach in the modern system of vocational education is to ensure the strengthening of professional motivation, stimulation of the realization of creative potential, identification and use of personal resources to achieve peaks in the professional activities of a teacher. In a practical aspect, acmeological technologies allow professional and personal self-development, to design career paths. A specialist with acmeological knowledge and skills is able to apply modern methods of self-management, to reflect on the processes of personal and professional development and self-development.

Bibliography

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